

COMMON CORE VALUES

How Important?

Value	Description	How Important?		
		Very	Some	Not
ACCEPTANCE	to be accepted as I am			
ACCURACY	to be accurate in my opinions and beliefs			
ACHIEVEMENT	to have important accomplishments			
ADVENTURE	to have new and exciting experiences			
ATTRACTIVENESS	to be physically attractive			
AUTHORITY	to be in charge of and responsible for others			
AUTONOMY	to be self-determined and independent			
BEAUTY	to appreciate beauty around me			
CARING	to take care of others			
CHALLENGE	to take on difficult tasks and problems			
CHANGE	to have a life full of change and variety			
COMFORT	to have a pleasant and comfortable life			
COMMITMENT	to make enduring, meaningful commitments			
COMPASSION	to feel and act on concern for others			
CONTRIBUTION	to make a lasting contribution in the world			
COOPERATION	to work collaboratively with others			
COURTESY	to be considerate and polite toward others			
CREATIVITY	to have new and original ideas			
DEPENDABILITY	to be reliable and trustworthy			
DUTY	to carry out my duties and obligations			

COMMON CORE VALUES

Value	Description	How Important?		
		Very	Some	Not
EXCITEMENT	to have a life full of thrills and stimulation			
FAITHFULNESS	to be loyal and true in relationships			
FAME	to be known and recognized			
FAMILY	to have a happy, loving family			
FITNESS	to be physically fit and strong			
FLEXIBILITY	to adjust to new circumstances easily			
FORGIVENESS	to be forgiving of others			
FRIENDSHIP	to have close friendships			
FUN	to play and have fun			
GENEROSITY	to give what I have to others			
GENUINENESS	to act in a manner that is true to who I am			
GOD'S WILL	to seek and obey the will of God			
GROWTH	to keep changing and growing			
HEALTH	to be physically well and healthy			
HELPFULNESS	to be helpful to others			
HONESTY	to be honest and truthful			
HOPE	to maintain a positive and optimistic outlook			
HUMILITY	to be modest and unassuming			
HUMOR	to see the humorous side of myself and the world			
INDEPENDENCE	to be free from dependence on others			

COMMON CORE VALUES

Value	Description	How Important?		
		Very	Some	Not
INTIMACY	to share my innermost experiences with others			
JUSTICE	to promote fair and equal treatment for all			
KNOWLEDGE	to learn and contribute valuable knowledge			
LEISURE	to take time to relax and enjoy			
LOVED	to be loved by those close to me			
LOVING	to give love to others			
MASTERY	to be competent in my everyday activities			
MINDFULNESS	to live conscious and mindful of the present moment			
MODERATION	to avoid excess and find a middle ground			
MONOGAMY	to have one close, loving relationship			
NON-CONFORMITY	to question and challenge authority and norms			
NUTURANCE	to take care of and nurture others			
OPENNESS	to be open to new experiences, ideas, and options			
ORDER	to have a life that is well-ordered and organized			
PASSION	to have deep feelings about ideas, activities, or people			
PLEASURE	to feel good			
POPULARITY	to be well-liked by many people			
POWER	to have control over others			
PURPOSE	to have meaning and direction in my life			
RATIONALITY	to be guided by reason and logic			

COMMON CORE VALUES

Value	Description	How Important?		
		Very	Some	Not
RISK	to take risks and chances			
ROMANCE	to have an intense, exciting love in my life			
SAFETY	to be safe and secure			
SELF-ACCEPTANCE	to accept myself as I am			
SELF-CONTROL	to be disciplined in my own actions			
SELF-ESTEEM	to feel good about myself			
SELF-KNOWLEDGE	to have deep and honest understanding of myself			
SERVICE	to be of service to others			
SEXUALITY	to have an active and satisfying sex life			
SIMPLICITY	to live life simply, with minimal needs			
SOLITUDE	to have time and space where I can be apart from others			
SPIRITUALITY	to grow and mature spiritually			
STABILITY	to have a life that stays fairly consistent			
TOLERANCE	to accept and respect those who are different from me			
TRADITION	to follow respected patterns of the past			
VIRTUE	to live a morally pure and excellent life			
WEALTH	to have plenty of money			
WORLD PEACE	to work to promote peace in the world			